





•• About "MediAct"

"MediAct" is an international youth exchange that will take place in Croatia, **Zagreb** from **17**th**to 26**th **of April 2015**. It will unite 30 people from 6 different countries: Armenia, Romania, Turkey, Georgia, Croatia and Greece.

The goal of the exchange is to raise awareness about discrimination in social media and give an opportunity to young people to acquire skills and competences on using social media while spreading tolerance.

Our vision

The vision from which we work is to create a world that works for everyone out of love, care and cooperation.

Goal and purposes of the exchange

During the youth exchange "MediAct" the participants will have an opportunity to acquire the following competences:

- Digital competence
- Interpersonal, intercultural and social competence
- Cultural expression
- Entrepreneurship or sense of Initiative
- Communication in foreign languages
- Learning to learn
- Communication in mother tongue

Training method

Our training method is following the methods of non-formal education: media workshops, teamwork, creative work, team building activities, commitment activities, role playing imaginary scenarios, problem solving activities and evaluation activities.

The methods that we use in the exchange begins with **exploring one's own culture**, both national and personal, in terms of practices, ways of thinking and looking at different topics.









The programme offers certain input, learning tools, and also leading reflections, you'll have **gradually more and more responsibilityto create your own learning** and deal with what is important for you in this way, we only set up the learning space foryou to actively explore yourself and your relations with others.

Everything you learn, you learn through your own experience, every input is tested in practice and you are even encouraged to challenge it and find for yourself what works best in intercultural environment. The process is aimed to empower you to take an active role in your surroundings, to start leading by being examples, incorporate new forms of behaviour which result in more successful coping withsituations or problems.







Day to day programme

This is a summary of the activities that will happen:

	Welcoming		
Introduction of the program "MediAct" Youth Exchange			
1 st DAY	"World Café" on the topic of social media		
	Discovering the ethics of social media.		
2 nd DAY	Facebook and Twitter exercise.		
	Introduction of CT Groups "Reflection"		
	"Society Snapshot"		
3 rd DAY	"Theater of the Oppressed"		
	Cultural diversity and social media		
4 th DAY	How do we comunicate our culture?		
	"Transforming our ideas into Video"		
5 th DAY	City Experience		
	The concept of tolerance		
6 th DAY	Braining for Solutions		
	"Freedom of speech"		
7 [™] DAY	Social media as a tool for democracy		
	Responsibility brings freedom		
	"Circle of creativity"		
8 [™] DAY	Group assignment "Creating a Facebook page"		
	Summary of the project		
9 [™] DAY	"Youthpass making"		
	"How to use what I learned back home"		
10 [™] DAY	Departure		



Dates of the exchange

Arrival and Start of the program: 17th April 2015, morning

End of the program: 25th April 2015, evening

Departure day: 26th April 2015, morning







Organizing team

The exchange is organized by Syncro - Synergy Croatia and its experienced team of youth workers and professionals. The main trainer of the exchange is **Juraj Boljat and Maja Darija Škrljak** supported by international team of assistants.



Location

The project will take place in Zagreb. Zagreb is the capital and the largest city of Croatia. This city has been discovered as a popular city-break destination in its own right. Visually, Zagreb has culture, arts, music, architecture, gastronomy and all the other things that make a quality capital city and encourage tourists to come and discover it.





Accommodation

The participants will be hosted in the House Hostel, placed in Zagreb, Peljeska ulica 5, 10 minutes from the city centre. This place has been recently redecorated, during your staying in Zagreb, you will have the opportunity to have all the stuff you need to fully enjoy your stay. The House Hostel will share the rooms and also bathrooms and toilets are shared on the floor separate for men and women. The bed linen will be provided. The hostel also has free wi-fi for everybody, and areas to spend free the free time like common room or terraces.







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How to get there?

When you arrive to the Zagreb's airport, you have to get a bus which takes to you to the bus station.

From the bus station to the place there is less than 10 minutes by walk if you follow the next instructions:

At the bus station – go right from the station and cross a large intersection so that you are diagonally on the opposite side. Then proceed straight ahead passing a church and take the first turning on the left. Walk for about 20 meters and then take the first turning on the right (Pelješka street) and ring the doorbell of the large orange building number 5!





Partner countries involved

Country	Organization and contact person	Contact e-mail	Number of participants (18-30)
Georgia	DRONI	Giorgi Kikalishvili giokika@yahoo.com	5
Turkey	Osmangazimeb	Mustafa Zeyrek sikanc@hotmail.com	5
Armenia	Gyumri "Youth Initative Centre"	Valya Martirosyan valya.martirosyan@gmail.com	5
Greece	Break The Couch	Panagiotis Mamouzakis panagiotis@breakthecouch.com	5
Romania	Asociatia Synergy	Roxana Cernescu roxcerus@gmail.com	5
Croatia	Syncro – Synergy Croatia	Ciocan Cosmina Carmen mediact@synergy-croatia.com	5

Participants

There will be **30 participants** altogether, 5 per country.

Participants should be:

- Able to work in simple **English**.
- Highly **motivated** and willing to actively participate during the **whole** exchange.







Fill the application form provided and send it to both your sending organization from your country and to Syncro on mediact@synergy-croatia.com, latest until 15thFebruary 2014.

We ask you to fill in the application form and answer **all the questions** in it. If you have any physical limitations disease and/or you some use **medicine** we need to know about, indicate it on the application form. If you are a **vegetarian** or have any **special diet**, let us know - indicate in your application form **what you cannot eat** so that we can arrange suitable food.

Selection

Syncro will make the selection of the projects participants in agreement with the partner from your country. If you will be accepted for the project you will receive a "Confirmation letter".

DO NOT buy tickets until you get confirmation letter.

Arrivals and Departures

As soon as you get your confirmation letter, you may book your ticket and **inform the organizers** about your arrival and departure time. We its required that you take part during the **whole** exchange. If you wish to **arrive earlier** or **leave later**, you should arrange your own stay in Croatia. Your stay during the days not included in the program of the project will not be covered by organizers.

what to bring

- Towel
- Hygienic kit
- Medicines that you usually take
- Passport or other official identification
- Visa, invoices and travel tickets
- Travel and health insurance, we suggest to bring your European Health Insurance Card
- Food and drinks from your country for cultural evening
- 60 E participation fee





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Special needs (diets, medicine)

Please, tell us beforehand if you need any assistance from us in this matter.

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Participation fee

Participation fee is **60€ per person**, which you can pay upon arrival.

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Travel cost reimbursment

According to the rules of the Erasmus+ Program you can get your travel costs reimbursed **up to amount stated in the table below, depending on your country of origin**. If your travel costs are lower or same as this amount, you get reimbursement of 100% of your travel costs. If your travel costs are higher, you need to pay the rest of it. That's why we recommend to **book your ticket as soon as you receive the confirmation letter**, since they are often **much cheaper** when bought **in advance**.

To be eligible for reimbursement, we ask you to keep all your tickets, boarding passes and invoices (originals). ONLY if you have the travel tickets, boarding passes and invoices we are able to reimburse your travel costs! We will only reimburse your travel cost if you participate in the whole exchange.





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Maximum travel expenses per person to be reimbursed

Country	Maximum travel costs to venue of the exchange and back to be reimbursed (per participant)	Participation fee
Georgia	€270	€60
Turkey	€170	€60
Armenia	€270	€60
Greece	€170	€60
Romania	€170	€60
Croatia	€ 20	€ 60

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Contact information

If you have questions, something is not clear or you want to know more, contact us on following e-mail address: mediact@synergy-croatia.com



About the organizers

Syncro – Synergy Croatia is an organization active in the field of education, personal development, skill trainings and youth support. Syncro was founded in 2010 with the aim of supporting the enhancement of quality of living and development of human potential through powerful educational and personal development experiences. Being a part of International Synergy Group we are joined in the common vision of a world that works for everyone.

Syncro - Synergy Croatia

www.synergy-croatia.com

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Find us

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